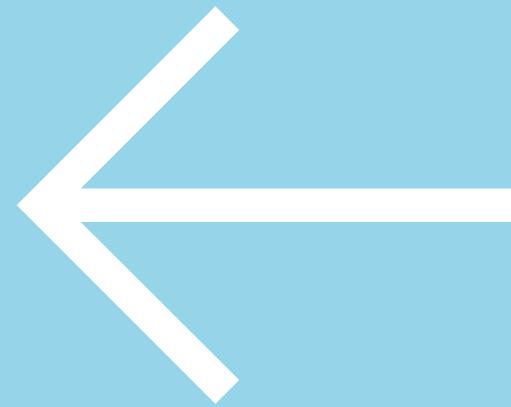


# Trauma informed teacher tips



*From a teacher,  
former foster youth,  
and adoptee*

If early on the brain has been impacted by trauma this means it did not develop typically and can mean the child is not developmentally “where they should be.”

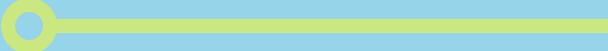
Swipe to learn what you can do

**These tips can apply to all children, not just ones who've experienced the trauma of foster care and adoption.**

how you respond will affect the child's  
behavior  
&  
a brain that has experienced trauma  
needs constant reminders to rebuild  
healthier patterns

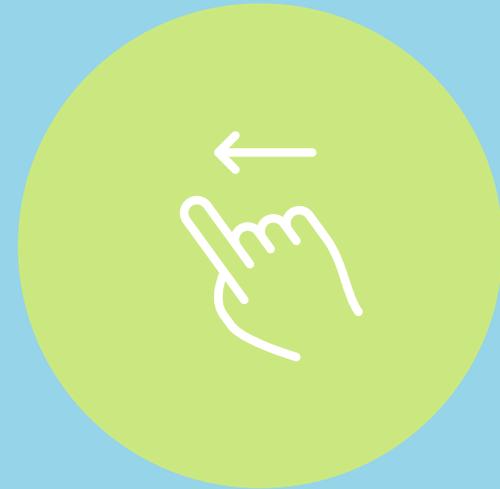


**Trauma impacts brain  
development and  
brain development  
impacts learning and  
learning means  
processing new  
Information.**



Consider: modifying assignments to accommodate kids who struggle with processing time

**Give brain  
breaks to help  
lighten the  
mental load of  
learning**



Don't forget

**You are not  
alone**

## **You can:**

utilize school resources - a child can never have too many people that care about them.

**Created by  
a teacher  
for teachers**



save for later

